



NA LEO O KAHU MAI

The Voice of Nurses

Official Newsletter of the Philippine Nurses Association - Hawaii Chapter



PRESIDENT'S MESSAGE

Emilyn Ramones
(2004-2006)

To: All PNAH Officers and Members:

The year 2005 is almost about over. A new year is approaching very quickly and as we looked back, I can almost say, we came a long way.

In 2006, new set of PNAH officers will be elected for the year 2007-2009, except Tessie Oculito, the elected president. The other positions are open for all active members of 2 years and I would like to encourage every member to have their name available for the open positions. New and fresh, pro-active ideas are needed to move this organization ahead. Please be part of the action.

To all inactive members, please come back. Your talent and your generousities are needed by the organization.

Our yearly General Membership Meeting will be on October 30, 2005 at Blaisdell Park, Aiea. Flyers have been sent or e-mailed to all members. During the meeting, I would like everyone to participate and voice their opinions, concerns, ideas and constructive criticisms to help improve our organization.

To all of you, thank you for being a member of PNAH. I look forward to a new task ahead of us.

Yours truly,
Emilyn Ramones

MARK YOUR CALENDAR

General Membership Meeting

Potluck

When: October 30, 2005
Where: Blaisdell Park, Aiea
Time: 10:30 am-3:00 pm

We look forward to seeing you...

Please respond at jacobj001@hawaii.rr.com if you can attend or cannot attend or call 626-8959 for more details.

In order to prepare you for this meeting, the PNAH would like to draw your attention to the following points:

1. 2006 Centennial celebration "THE SAKADAS"
2. PNAH and PNA 5th International Nursing Conference in January 25-27, 2006.
 - A. Welcome Night
 - B. Filipiniana Night. Please visit: www.geocities.com/pna_hawaii
3. Para sa Diabetes- A Community Based Participatory Research Project
4. 2007-2009 PNAH Officers election in 2006
5. Editorial Staff Volunteers for the "Na Leo O Kahu mai" (PNAH newsletter)

(Contributed by: Joe Jacob)

AUXILIARY GROUP COMES THROUGH WITH ITS PROMISE

Despite several fundraising events going on in the community, PNAH led by past president, Tina Salvador with the Auxiliary Group led by Executive Director Eddie Agas, Sr. comes through with their fundraising by way of huli-huli chicken sales on October 1, 2005 held at Central School, Queen Emma Street.

(Auxiliary Group cont'd)



(Above: Joe Jacob and Beth Gomez remove cooked chicken)

The hard working volunteers were Aurea Agas, Eddie Agas, Sr., Jonathan Agas, Eddie Agas III, Liza Cabacang, Anita Felipe, Anita's two nieces and daughter, Erlinda Ferrer, Beth Gomez, Myrna Natividad, Lily Sadang, Tina Salvador, Joe Jacob, Raul Natividad, Jun Sadural, Ronnie Salvador, Philip Alcain, Bert Cabacang, Amado Yoro and Nic Musico.



(L-R, Aurea Agas with checkered blouse, Joe Jacob, Eddie Agas, Sr., Lily Sadang, Tina Salvador, Beth Gomez, and Anita's niece. In the background are Bert Cabacang and Jun Sadural)

Executive Director Eddie Agas, Sr., the fundraising guru reported that the event netted \$2,200.

PNAH Auxiliary Group and PNAH officers and members sincerely thank all those who supported the event.

Officers and members of the Auxiliary group are non-nurses who are in support of projects and activities of the PNAH. Most members however are spouses of nurses.

Mahalo again to all the volunteers.

MESSAGE FROM DR. LEAKE

(October 4, 2005)

Maganda umaga kayo! I received the long-awaited word on September 30 that our research grant was approved and funded by the Hawaii EXPORT Center for about \$22,000. For any of you who haven't heard about this, I will be doing a presentation at the general membership meeting on October 30. In short, this is a one year preliminary study to determine research priorities from the Filipino community via community presentations.

The next steps are figuring out where the grant money will reside, hiring the person to do the presentations, and writing the informed consent for the audiences. Those of you who like to think ahead or who won't be there on Oct. 30, please give some thought as to what Filipino group with which you are associated would be interested in hearing a 15 to 20 minute presentation about the impact of diabetes on the Filipino community in Hawaii. These groups could be your church, social club, township association, ballroom dancing group, or whatever as long as the members are large majority Filipino. Immediately after the presentations, the audiences will be asked to vote which areas for future research they feel are priority areas.

See you at the general membership meeting! Salamat po.

Anne Leake PhD, APRN-Rx
 Kalihi-Palama Health Center
 915 North King Street
 Honolulu, HI 96817
 808-848-4138
 cell 808-222-1145

ZIPPY'S CHILI FUNDRAISING

PNAH officers and members are proud to announce that the Zippy's Chili Fundraising held during the months of July and August netted approximately \$2,000.

Our sincere Mahalo to everyone who helped, supported, and made this event possible.

Our Mahalo also to Emilyn Ramones and Lily Sadang for taking the lead on this effort.

PNAH SUPPORTS RELAY FOR LIFE 2005

PNAH was represented by some members by participating in the American Cancer Society's Relay for Life on July 16-17, 2005.



(Above: Nic, Lily, Marianela, Joe, and Tessie)

The Relay for Life is a charity walk around Magic Island that started on Saturday, July 16, 2005 through Sunday morning.

Overnight camping, lots of food, and camaraderie filled The Relay for Life that is American Cancer Society's signature event.



(Above: Marianela, daughter, Joe, Tessie, Lily)

(Contributed by: Lily Sadang)

REMINDER MONTHLY MEETING

PNAH monthly meeting is every 1st Sunday of the month at St. Philomena's at 1:00 P.M. unless otherwise notified of change.

Please mark on your calendar.

HULI-HULI CHICKEN SALES

PNAH will continue the Huli-huli chicken fundraising in partnership with the Oahu Filipino Community Council (OFCC). PNAH's share of the proceeds will go to the general fund.

Please take a good rest and get ready to volunteer to help. We will keep you informed of the date, time, and place.

PNAH SUPPORTS MOTTEP

PNAH officers and members participated in the **Dance for Life** community celebration event sponsored by Bayanihan / MOTTEP, the public education arm of Organ Donor Center of Hawaii.

PNAH was in charge of the registration and also participated in the line dance performance.

The event attended by more than 400 donor families, transplant recipients, medical and transplant professionals and community leaders was held on August 19, 2005 at Sheraton Waikiki Hotel.

VOLUNTEER OPPORTUNITIES

The National Kidney Foundation of Hawaii is looking for professional volunteers to assist with the many programs that they offer to the communities in Hawaii. These new programs are in need of individuals to present curriculum that are for those at risk as well as in the early stage of kidney disease in the hopes that can slow down or stop the progression of this silent killer. Rhonda Gaddis was asked by her supervisor to contact PNAH to inquire if there are any members that would be interested in helping them out and in turn helping the Filipinos or other ethnic population of Hawaii. You can contact her at rhonda@kidneyhi.org.

The response from PNAH was very positive that, they are asking her to come to the PNAH General Membership meeting this Oct. 30, to speak to their members. (by Joe)

CONGRATULATION FROM NAMI FACULTIES

To the new nurses who have passed the recent NCLEX exam. **Vanessa Bautista, Cynthia Agonoy, Brenda Monegas and Judith Aleos.**

Nami, the acronym for "NURSE ADVOCATE AND MENTOR, Inc". Is a non-profit organization of volunteer nurses who shared their expertise and talents to newly graduate nursing students or those who would like to retake the NCLEX exam to get a **free NCLEX review class**.

The next NCLEX review class starts this January 2006. To inquire, pls. call Bea Razon at 808-778-6291 or Tessie Oculito at 375-8933. (by Joe)

5th International Nursing Conference

DAY 1

(January 25, 2005 – Wednesday)

7:00 AM Registration and Breakfast

7:45 AM Opening Ceremony/Parade of Banners/National Anthems

8:00 AM Welcome Address

Mila Velasquez, MN, RN, CS, APRN, BC President, PNAA Incorporated Nurse Practitioner, Primary Care VA Healthcare System, Los Angeles, CA

Ruth Padilla, BSN, RN, President, PNA

Invocation

Emilyn Ramones, President, PNA Hawaii

8:30 AM Program Overview

Reynaldo Rivera, RN, MA, MEd, CCRN, CNA, ANP Chairperson, Education Committee, PNA Senior Director of Nursing, The Brooklyn Hospital Center, Brooklyn, NY

Presentation of Participants

Col. Victoria Ramon, PNA First Vice President of Education and Programs and Pete-Reuben Calixto, Chairperson, PNA Foundation Education Committee

9:00 AM Creating Healthcare Preferred Future: Challenges and Opportunities

Barbara Blakeney, MS, BSN, APRN President, American Nurses Association

10:00 AM BREAK

10:30 AM Role of PNA in Forging Global Partnership for a

Preferred Future in Healthcare

Milabel Ho, RN, EdD, Chairman, PNA Board of Governors

11:30 AM Opening of Exhibits and Poster Presentations/LUNCH

1:00 PM Addressing the Challenges of Global Nurse Migration: Panel Discussion Ethical Issues in Global Migration

Barbara Nichols, DHL, MS, RN, FAAN Executive Director, Commission of Foreign Nursing Schools

The Filipino Nurse in Global Migration

Annabelle Borromeo, PhD, RN, CCRN, CNS, CPAN

Recruitment and Retention of Nurses: Philippine Experience

Marilyn Lorenzo, RN, DrPH

3:00 PM BREAK/ Exhibits/Poster Presentations

3:15 PM - 4:00 PM Legal Perspectives of Global Nurse Migration

Reuben Seguritan, JD, ESQ, Immigration Lawyer

4:00 PM - 4:30 PM OPEN FORUM

5:30 PM - 8:30 PM Networking/Reception & Cultural Night (Open to all registered participants)

Sponsored by PNAA Hawaii Chapter and the Filipino Centennial Celebration Commission

January 25, 2006 (Wednesday)

(Information from PNAA Website)

DAY 2

(January 26, 2005 – Thursday)

7:00 AM Registration/Continental Breakfast/Exhibits

8:00 AM Inspiring Effective Collaboration: A Key Strategy for Advancing Patient-Centered Care

Wilhelmina Manzano, RN, MA, CNA Chief Nursing Officer and Senior Vice-President for Nursing and Patient Care Services
New York Presbyterian Hospital, New York

9:00 AM Execution: Leaders Making Things Happen

Cathy Rick, RN, CNA, FACHE Chief Nursing Officer, Veterans Health Administration
Washington D.C.

10:00 AM BREAK/Exhibits/Poster Presentation

10:30 AM Developing Competencies and Leadership in Nursing for Global Healthcare:

Panel Discussion

Competencies for the Global World

Carmelita Divinagracia, RN, PhD
Dean, UERMMMC College of Nursing, Philippines

Community Partnership: Developing Nursing Leadership

Josefina Tuazon, RN, DrPH
Dean, University of the Philippines, College of Nursing, Philippines

12:00 PM LUNCH/Exhibits/Poster Presentation

1:30 PM - 2:30 PM Partnership in Building a Culture of Patient Safety

Ampy dela Paz, RN, MSN
Executive Director, PNA

2:30 PM - 3:30 PM Coronary Artery Disease and Stroke: Secondary Prevention

Andrea Cooper, PharmD

3:30 PM BREAK/ Exhibits

3:45 – 5:00 PM Research and Creative Projects Oral Presentations

Moderator: Luz Porter, RN, PhD
Chairperson, PNA Research Committee

5:00 PM Adjournment

January 26, 2006 (Thursday)

(Information from PNAA Website)

DAY 3

(January 27, 2005 – Friday)

7:00 AM Continental Breakfast/Exhibits

8:00 AM - 9:00 AM The Philippine Healthcare System: An Update

Jaime Galvez Tan, MD
Executive Director, National Institute of Health, Philippines

9:00 AM - 10:00 AM Innovative Strategies to Eliminate Healthcare Disparities

Betty Smith Williams, DrPH, RN, FAAN
President, National Coalition of Ethnic Minority Nurses Association

(Day 3 – January 27, 2005 cont'd)

10:00 AM BREAK/Exhibits/Poster Presentation

10:30 AM - 11:30 AM Global Perspectives on Early Detection and Management of Hepatitis B

(Speaker - TBA)
Tactical Advantage Group/BV

11:30 AM LUNCH/Exhibits/Poster Presentations

1:00 PM - 2:00 PM Clinical Update 2005: Optimizing Care of Patients Co-infected with HIV and Hepatitis C

(Speaker - TBA)
Tactical Advantage Group/BV

2:00 PM - 3:00 PM Unleash the Power of Timeless Principles

Reynaldo R. Rivera, MA, MEd, RN, CCRN, ANP
Senior Director of Nursing, The Brooklyn Hospital Center

3:00 PM BREAK/ Exhibits

3:15 PM - 4:15 PM Prospects and Propositions for International Collaboration

Leda L. Danao, PhD
Senior Research Scientist
University of California, Los Angeles

4:15 PM Summary and Evaluation

Pete Reuben Calixto, RN, BSN
Chairperson, PNAA Foundation Education Committee

4:30 PM Closing Ceremony/Adjournment

**7:00 PM Dinner and Dance (Optional)
Hosted by PNA Hawaii
January 27, 2006 (Friday)**

(Information from PNAA website)

CALL FOR ARTICLES

Na Leo O Kahu mai requests articles from members.

The following will be regular items in the newsletter: President's Message, Treasurer's Report, Schedules & Announcements, and Update activities.

Policy:

1. Na Leo O Kahu Mai will be published quarterly, first week of January, April, July, and October.
2. All articles are subject to the approval of the president prior to printing.
3. PNAH reserves the right to reject articles of poor taste or detriment to the objectives of the organization.
4. PNAH reserves the right to edit articles that are too lengthy.
5. Articles shall be submitted via the president at least two weeks before the printing deadline, last week of December, March, June, and September.
6. Newsletter will be mailed to members. It is the responsibility of each member to update their mailing address with the membership committee chair.

**FLASH
ATTENTION**

Don't forget to reserve your seat at the 5th International Nursing Conference on January 25 – 27, 2005.

A website for the event has been created and can be accessed to book & modify reservations at:

<http://www.pnaa03.org/>

For more details regarding the conference, please go to this site:

http://www.pnaa03.org/PNAA_Conference_PDF-2006.pdf

If there are any questions, please call:

Emilyn at 637-4919, 671-3042 or 294-0177
Joe at 626-8959

F Y I CORNER

Marianela Jacob attended the Women's Awareness Health Volunteer Seminar held at Queens Medical Center.

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Emilyn Ramones and Tina Salvador attended the 26th Convention in Kansas, sponsored by Western Union. Following are some proposals:

- New Jersey Board of Nursing to eliminate CGFNS.
- NCEMNA & AETNA scholarship grants.
- National Membership Fee to increase by \$10.00 and to be collected 2x a year.
- President to replace Regional Liaison
- Convention host to submit a proposed budget to the National prior to the event.

PNAH

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